Three-Dimensional Modeling May Improve Surgical Education and Clinical Practice

Show all authors

Abstract

Background. Three-dimensional (3D) printing has been used in the manufacturing industry for rapid prototyping and product testing. The aim of our study was to assess the feasibility of creating anatomical 3D models from a digital image using 3D printers. Furthermore, we sought face validity of models and explored potential opportunities for using 3D printing to enhance surgical education and clinical practice. Methods. Computed tomography and magnetic resonance images were reviewed, converted to computer models, and printed by stereolithography to create near exact replicas of human organs. Medical students and surgeons provided feedback via survey at the 2014 Surgical Education Week conference. Results. There were 51 respondents, and 95.8% wanted these models for their patients. Cost was a concern, but 82.6% found value in these models at a price less than \$500. All respondents thought the models would be useful for integration into the medical school curriculum. Conclusion. Three-dimensional printing is a potentially disruptive technology to improve both surgical education and clinical practice. As the technology matures and cost decreases, we envision 3D models being increasingly used in surgery.

1. Orcutt, M. A battery and a "bionic" ear: a hint of 3-D printing's promise. MIT Technol Rev. 2013;116(6):24. Google Scholar2. Schubert, C, van Langeveld, MC, Donoso, LA. Innovations in 3D printing: a 3D overview from optics to organs. Br J Ophthalmol. 2014;98:159-161. Google Scholar, Crossref, Medline, ISI3. Rengier, F, Mehndiratta, A, von Tengg-Kobligk, H. 3D printing based on imaging data: review of medical applications. Int J Comput Assist Radiol Surg. 2010;5:335-341. Google Scholar, Crossref, Medline, ISI4. Ebert, J, Ozkol, E, Zeichner, A. Direct inkjet printing of dental prostheses made of zirconia. J Dent Res. 2009;88:673-676. Google Scholar, SAGE Journals, ISI5. Warnke, PH, Seitz, H, Warnke, F. Ceramic scaffolds produced by computer-assisted 3D printing and sintering: characterization and biocompatibility investigations. J Biomed Mater Res B Appl Biomater. 2010;93:212-217. Google Scholar, Medline, ISI6. Young, S. Cyborg parts. MIT Technol Rev. 2013;116(5):104-106. Google Scholar7. Ursan, ID, Chiu, L, Pierce, A. Three-dimensional drug printing: a structured review. J Am Pharm Assoc. 2013;53:136-144. Google Scholar, Crossref